

# Pupil Choice Extra Summer 2022

<b>WEEK 1</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Chilli Con Carne with Rice	Beef, Chicken or Veggie Burger in a Bun with Wedges	Roast Pork Loin, Stuffing & Gravy	Chicken Pie with Gravy	Battered Fish with Low Fat Chips
Macaroni Cheese with Tomato Bread (V)	Mild Vegetable Curry (Ve) with Rice	Vegan Sausages (Ve) with Gravy & Wholemeal Pasta	Quorn Hot Dogs or BBQ Quorne Fillet	Cheese and Tomato Pizza (v)
Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings
Chilled Baguette or Sandwich	Chilled Baguette or Sandwich	Chilled Baguette or Sandwich	Chilled Baguette or Sandwich	Chilled Baguette or Sandwich
Grab & Go Brazilian Chicken Burritos	Grab & Go BBQ Slider with Salad	Grab & Go Chicken Tikka Burrito with Salad	Grab & Go BBQ Chicken Open Wrap	Grab & Go Piri Piri Chicken Enchilada
<b>WEEK 2</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Pork Sausages with Gravy and Creamed Potatoes	Spaghetti Bolognese	Roast Chicken with Stuffing Roast Potatoes or Wholemeal Pasta	Chicken Fajitas served with Rice	Fish Fillet Fingers with Low Fat Chips
Cheese Pinwheels (V) with Diced Potatoes	Mexican Fajita with Savoury Rice (V)	Veggie 'Meat-Free Balls' (Ve) with Homemade Tomato Sauce	Veggie Lasagne	Cheese and Tomato Pizza (v)
Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings
Chilled Baguette or Sandwich	Chilled Baguette or Sandwich	Chilled Baguette or Sandwich	Chilled Baguette or Sandwich	Chilled Baguette or Sandwich
Grab & Go Chicken Tikka Burrito	Grab & Go Piri Piri Chicken Wrap & Salad	Grab & Go BBQ Meatballs Sub and Coleslaw Salad	Grab & Go Brazilian Chicken Burrito	Grab & Go Buttermilk Chicken Burger with Salad
<b>WEEK 3</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Mediterranean Style Breaded Chicken Fillets	Pasta Carbonara with Wholemeal Herby Bread	Roast Beef Strips in a Yorkshire Pudding with Gravy	Chicken Meatballs in Tomato Sauce with Rice or Pasta	Crispy Coated Salmon
Cheese & Broccoli Bake	Sweet Potato and Spinach Slice (V)	Quorn Fillet with Yorkshire & Gravy	Savoury Quiche (v) with New Potatoes	Cheese and Tomato Pizza (v)
Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings
Chilled Baguette or Sandwich	Chilled Baguette or Sandwich	Chilled Baguette or Sandwich	Chilled Baguette or Sandwich	Chilled Baguette or Sandwich
Grab & Go Chicken Tikka Topped Naan	Grab & Go Piri Piri Chicken Burritos	Grab & Go Argentinian Open Chicken Wrap	Grab & Go Brazilian Chicken Enchiladas	Grab & Go Quarter Pounder with Salad, Fries & Slaw